

MH4H COLOR BLAST 5K



All proceeds from the MH4H Color Blast 5K benefit the ministry of Many Hands for Haiti.

RACE DATE & TIME: Saturday, September 24, 2016 at 9:00 AM
Registration begins September 24th at 7:30 AM

EVENT CONTACT: Joel Verhoef
jverhoef@mh4h.org
www.mh4h.org/colorblast

ENTRY FEES: Early bird registration (by August 31st): \$35
Registration (after August 31st): \$45
Race day registration (on September 24th): \$55
Child (12 & under) w/ adult registration: \$15

T-SHIRTS: Each pre-registered participant will receive a T-shirt to wear during the race. After September 11th, T-shirts are **not** guaranteed, but will be given as supplies last.

AWARDS: As a fun run, the race will not be timed and no prizes will be given to top finishers. However, \$20 Mango Tree gift cards will be given to the "most colorful" male and female participants at the end of the race. In addition, each registered runner will receive 8 free ounces of frozen yogurt to be used between Sept. 24th and October 2nd from the Mango Tree.

PROCEEDS: Proceeds from the MH4H Color Blast 5K will be used to fund ministry purposes for MH4H, which include children's education, spiritual development, food and farming programs, home rebuilding, medical services, and economic development opportunities.

PARKING: Parking will be available anywhere downtown Pella.

PACKET PICK-UP: Packets can be picked up at the Mango Tree on Friday, September 23 from 2-10 PM or Saturday, September 24 at the registration booth at the corner of Main and Franklin Street from 7:30-8:45 AM. Packets will include a T-shirt (guaranteed only if registered by September 11), race bib, color pack, and coupon for 8 free ounces of frozen yogurt! Bring a photo ID or copy of your confirmation email when picking up your packet.

FULL NAME (please print): _____

GENDER: MALE / FEMALE (circle one) **AGE ON 9/24/16:** _____ **T-SHIRT SIZE:** S M L XL 2XL (circle one)

ADDRESS: _____ **CITY:** _____ **STATE:** _____ **ZIP:** _____

PHONE: _____ - _____ - _____ **EMAIL:** _____

REGISTRATION COST: \$ _____ (\$35 prior to August 31, \$45 after August 31, \$55 on September 24, \$15 for child)

ADDITIONAL DONATION TO MH4H: \$ _____

TOTAL: \$ _____

EVENT DISCLAIMER: I am entering the MH4H Color Blast 5K, and I consider myself physically fit and adequately trained for the event. I understand the risks involved in this type of event on city streets in potential traffic, and I agree that I am taking part in this event at my own risk. By signing this application, I release Many Hands for Haiti and the event sponsors, organizers, and volunteers from any liability including claims for personal injury, death, and other damages that occur during the event. I give permission for the free use of my name and picture in any promotion, broadcast, or print media account of this event.

SIGNATURE: _____ **DATE:** _____

(SIGNATURE REQUIRED FOR ALL RUNNERS. IF PARTICIPANT IS UNDER 18, PARENT MUST SIGN FOR THEIR CHILD.)

Make all checks payable to Many Hands for Haiti. Mail your entry to MH4H, PO Box 204, Pella, IA 50219.